

PSHE Task

Self- care

Why is it important to look after your teeth? Talk to your adult about this.

Watch a video of how to brush your teeth correctly.

<https://www.youtube.com/watch?v=voZuS09kczg>

Can you write instructions of how to brush your teeth for someone to follow?



Question time...



What is your favourite season of the year? Discuss what you like about your favourite season and why? Draw a picture of your house in the season you picked, what things could you include to show it is that season? For an extra challenge, can you say 2 good things about each season of the year?



Quiz time!



This week is all about you!

Do you know how to spell your full name?

Do you know your date of birth?

What colour are your eyes?

What is your favourite colour and why?

What is your favourite story?

What is your favourite food?

What character from a book or film would you want to be and why?

Say 3 things you like about yourself.