



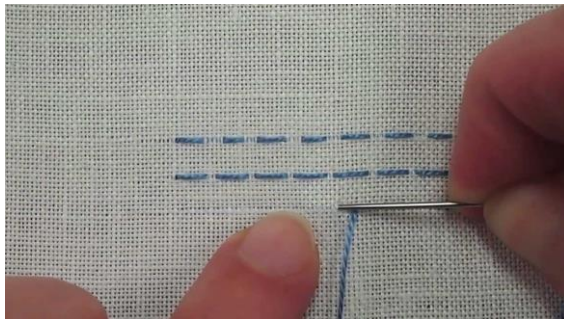
DT Tasks for KS1

Skill of the week:

Can you design a...?

Can you produce a ...?

Running Stitch



You will need a needle, thread and some material.

Step 1:

Begin the running stitch by poking your threaded needle up through the fabric.

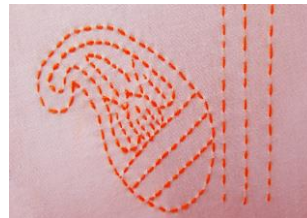
Step 2:

Poke the needle back down through the fabric next to where you just came up, and pull the thread down into your first stitch.

Running Stitch Picture

Using only running stitch (lines) can you design a picture using just running stitch?

Some ideas to help you are below:



Running Stitch Sewing

Now you have your design, can you make your running stitch picture?

Try to keep each stitch the same size.

CHALLENGE:

Can you learn some different stitches to include on your sewing?



Step 3:

Now poke your needle back up through the fabric, leaving a space from the previous stitch. Then poke the needle back down through the fabric again making your second stitch.

Now just continue this and you are on your way!

You can see a video online at:

<https://www.youtube.com/watch?v=W4nhj8kMpA>

I