



**Grange Primary
School**

Nursery Quiz



**Grange Primary
School**

This week is National bike week- but don't worry if you don't have a bike!

Monday 8th June

Talk about your favourite form of exercise. And do it if you can!

Tuesday 9th June

Do you have to wear any special equipment when doing your exercise to keep you safe.

Wednesday 10th June

Talk and draw/write about any numbers you may use when doing your favourite exercise. E.g counting steps/circuits of a park/scores in football.

Thursday 11th June

What shapes do you see when doing your exercise? A bike has 2 circles.

Friday 12th June

*Can you do the daily mile with your family? Go on a mile walk with your family.
We use to walk to daily mile using the nursery rhyme "the grande old duke of York"*